Post-traumatic Complications of Severe Luxations and replanted Teeth

ABSTRACT

Aim: The aim of this study was to evaluate the main post-traumatic complications of severe luxation and replanted teeth using clinical and radiographic analyses.

Materials and methods: Eighty-three patients aged between 7 and 55 years old presenting 180 traumatized teeth that suffered extrusive luxation (n = 67), lateral luxation (n = 69), intrusive luxation (n = 10) and tooth avulsion (n = 34) followed by replantation were evaluated. The follow-up period was 24 months. The complications examined were: pulp canal obliteration, pulp necrosis and root resorption (inflammatory and replacement). Furthermore, the relationship between time elapsed before receiving dental attendance and development of inflammatory resorption was observed.

Results: Pulp necrosis was the main complication, occurring in 147 teeth (82.7%). All of the teeth that suffered intrusive luxation and tooth avulsion were diagnosed with pulp necrosis, with significant difference in comparison with another traumas (p < 0.001/Fisher’s exact test). Inflammatory root resorption was observed in 20.5% of the cases and replacement resorption was more related to tooth replantation (94.1%), showing significant prevalence among tooth luxations (p < 0.001/Fisher’s exact test). In addition, it was noted that patients who seek treatment 9 weeks after the trauma episode presented 10 times more chance of developing inflammatory resorption when compared with patients who seek treatment soon after dental trauma (Odds ratio test).

Conclusion: It may be concluded that pulp necrosis was the main post-traumatic complication observed in traumatized teeth and that delay in seeking treatment may damage the prognosis of severe luxation and replanted teeth.

Clinical significance: Clinical studies describing the main complications that may affect traumatized teeth present great relevance to make the population aware of the importance of seeking immediate treatment and to alert the professional to the need for follow-up. When traumatic injuries are diagnosed and treated early, post-traumatic complications may be controlled, allowing conservation of the tooth in oral cavity.

Keywords: Tooth injury, Root resorption, Dental pulp necrosis.


Source of support: Nil
Conflict of interest: None

INTRODUCTION

Dental trauma may be considered a dental emergency, and its treatment requires a multidisciplinary approach. Epidemiological studies have revealed that dental trauma affects 10 to 35% of population, and due to this high prevalence, it may be considered a world public health problem,1,2

Trauma to supporting tissues (extrusive luxation, lateral luxation, intrusive luxation and tooth avulsion) comprises 15 to 61% of traumatic episodes and is considered the most severe lesions.3,4 Complications related to these types of trauma may occur in weeks, months and even years after the traumatic accident.5 Pulp canal obliteration, pulp necrosis and root resorption refer to the most common sequelae, with the worst prognosis being related to root resorption.5,6 These complications have shown prevalence values that depend on the severity of the lesion and root development stage. Pulp canal obliteration after luxation and tooth avulsion shows prevalence between 3 to 24%.7-10 On the other hand, pulp necrosis may occur in 64% and 77% of extrusive and lateral luxation, respectively, and for intrusive luxation and tooth avulsion this value may reach 100%.11,12

The prevalence of root resorption after luxations and avulsion has also been shown to vary a great deal. In dental replantations, the extra-alveolar period and storage medium are crucial aspects in the development of this type of sequel. Some studies have revealed that inflammatory resorption occurs in 5 to 70% of luxations and 20 to 50% of avulsions.5,10,13,14 Similarly, replacement resorption has been shown to be more frequent in intrusive luxation, with a prevalence of 20 to 40%, and in tooth replantation this sequel occurs in 50 to 70% of the cases.5,10,13,14

Therapeutic measures related to luxation and dental replantation vary according to the type of trauma,
pulp and periapical condition, and stage of root end development. In all these situations, patients should be followed-up for long periods of time to enable immediate intervention in cases of complications with a view to maintaining the tooth healthy and in the oral cavity.

Considering the foregoing, the aim of this study was to evaluate the main post-traumatic complications of teeth that suffered severe luxations and avulsions followed by replantation, and associate some of the factors that may be related to the development of these sequelae.

MATERIALS AND METHODS
This research was approved by Ethics Committee—CEP, of Piracicaba Dental School, State University of Campinas.

The present study evaluated 83 patients aged between 7 and 55 years old, presenting 180 traumatized teeth that suffered extrusive luxation (n = 67), lateral luxation (n = 69), intrusive luxation (n = 10) and tooth avulsion (n = 34) followed by replantation (Figs 1A to D). Emergency attendance was performed in hospitals, health centers or private clinics, and afterwards, patients were referred to the Dental Trauma Center in the area of Endodontics at the Piracicaba Dental School, State University of Campinas in the State of Sao Paulo, Brazil. Exclusion criteria included presence of crown fractures without supporting tissue involvement and/or patients who presented primary tooth trauma.

Data were collected from standard clinical charts and included information, such as age, gender, etiology and teeth involved. In addition, for cases of replantation, data such as the extra-alveolar period and storage medium of avulsed teeth were considered. Initial clinical aspects, such as the presence or absence of splinting, type of splinting, initial endodontic approach and time elapsed between trauma date and first attendance at the Dental Trauma Center were also collected.

Evaluation of Post-traumatic Complications
Clinical and radiographic data were collected for 24 months. The following parameters were recorded: pulp necrosis, pulp canal obliteration and inflammatory and/or replacement root resorption (Figs 2A to D). Pulp sensitivity was assessed by the cold thermal test, using carbon dioxide negative test (–50°C) (EndoFrost® -Roeko, Langenau, Germany). The absence of response to the cold test associated with radiographic data was diagnosed as pulp necrosis. In cases of pulp canal obliteration, a cavity test was performed to confirm diagnosis.

Pulp canal obliteration and root resorption were diagnosed by radiographic evaluation. All radiographs

Figs 1A to D: Clinical view of severe luxations and replanted teeth (A), Extrusive luxation of the right central incisor (B), lateral luxation of the anterior teeth associated alveolar bone fractures (C) and intrusive luxation of the left lateral incisor (D)
were taken with periapical films (Kodak, São José dos Campos, São Paulo, Brazil) associated with an intraoral positioner (Indusbello indústria de instrumentos Odontológicos Ltda., Londrina, Paraná, Brazil), to ensure the quality and standardization of images. Radiographic analyses was performed by 2 trained Endodontic specialists, using a negatoscope (Lumatron, Encor Indústria Fotográfica Ltda., Rio Claro, São Paulo, Brazil) coupled to a lens providing 4× magnification.

External inflammatory resorption was defined according to the presence or absence of cortical alveolar bone associated with the presence of bone radiolucence. Internal inflammatory resorption was diagnosed when a change in root canal continuity could be observed. Replacement resorption was verified when the replacement of radicular dentin by bone tissue was observed. The root development stage was also observed, being considered complete in teeth with a closed apex and incomplete in those with an open apex.

Statistical Analysis

Results were analyzed in BioEstat 5.0 (Instituto Sustentável Mamirauá, Belém, PA, Brazil) and SAS Software 9.1 (The SAS Institute, Cary, NC, USA) programs, at a level of significance of 5%. Data related to patients (age, gender, etiology of trauma) and to post-traumatic complications (pulp necrosis and root resorption) were analyzed using Fisher’s exact test. The Odds ratio test was used to verify the relationship between time elapsed before the first attendance at the Dental Trauma Service and development of inflammatory resorption.

RESULTS

Male gender and age group between 7 and 14 years old were the most frequently injured patients, without statistical difference between age and gender \( p = 0.4592 \) (Fisher’s exact test) (Table 1). The main etiological factor associated with trauma was cycling accidents followed by falls (Table 2). The most affected teeth were the maxillary central incisors.

Patients received emergency attendance in hospitals \( n = 36 \), at private clinics \( n = 17 \) and at health centers \( n = 16 \). Only 14 patients received their first attendance at the Dental Trauma Center. As regards the time elapsed before treatment began, 37 patients were treated 15 days after trauma date (44.58%), 22 after 3 to 8 weeks (26.51%) and 24 patients were treated after a period longer than eight weeks (28.91%).

Most of the affected teeth were maxillary central incisors \( n = 116 \), followed by maxillary lateral incisors \( n = 38 \), mandibular central incisors \( n = 15 \), mandibular lateral incisors \( n = 5 \), mandibular canines \( n = 6 \) and

| Table 1: Percentage distribution of patients according to age group and gender \( n = 83 \) |
|---|---|---|---|
| Age | Gender | Male (%) | Female (%) | n (%) |
| 7-14 years | 32 (65.31) | 17 (34.69) | 49 (59.04) |
| 15-20 years | 14 (82.35) | 3 (17.65) | 17 (20.48) |
| 21-26 years | 5 (62.50) | 3 (37.50) | 8 (9.64) |
| ≥ 27 years | 5 (55.56) | 4 (44.44) | 9 (10.84) |
| Total | 56 (67.47) | 27 (32.53) | 83 (100) |

\( p = 0.4592 \) (Fisher’s exact test)

| Table 2: Etiology of severe luxation and replanted teeth \( n = 83 \) |
|---|---|
| Etiology | n (%) |
| Bicycle | 28 (33.7) |
| Fall | 20 (24) |
| Sports | 13 (15.7) |
| Car accident | 14 (16.9) |
| Work accident | 4 (4.8) |
| Aggression | 4 (4.8) |
| Total | 83 (100) |
maxillary canines (n = 3). As regards the extra-alveolar period of avulsed teeth, only 7 teeth were replanted in a period of less than 30 minutes. Most of these teeth were kept in dry conditions (26.5%) and for a period of 60 to 120 minutes of extra-alveolar time (35.3%). Other avulsed teeth were stored in milk (n = 8), water (n = 7), saline solution (n = 6) and saliva (n = 4).

Considering initial clinical aspects, it was observed that 36 patients (43.4%) were referred to the Dental Trauma Center presenting rigid splinting; 22 patients (26.5%) with flexible splinting and 25 patients (30.1%) without splinting. In addition, it was verified that in only 9 patients, endodontic treatment began at the place of the first attendance.

Post-traumatic Complications of Severe Luxation and Replanted Teeth

The follow-up time was 24 months. In this period, complications, such as pulp necrosis, inflammatory and replacement resorptions were observed (Table 3). Of the total number of teeth analyzed (n = 180), 33 teeth (16.3%) remained vital and 147 teeth (82.7%) suffered pulp necrosis. There was statistical difference related to the presence of necrosis for the 4 types of dental trauma (p < 0.001/ Fisher’s exact test), considering that for extrusive luxation this frequency was lower (59.7%). Inflammatory resorption was verified in 37 cases (20.5%). There was no statistical difference between inflammatory resorption and types of trauma (p = 0.258/ Fisher’s exact test). Replacement resorption was diagnosed in 36 cases (20%). Statistical difference was observed when the presence of this resorption was compared with the types of dental trauma (p < 0.001/ Fisher’s exact test). Replanted teeth presented a higher frequency of replacement resorption (94.2%), followed by intrusive luxation (30%).

Pulp canal obliteration were diagnosed only in cases of extrusive luxation (3%). Lateral luxation, intrusive luxation and tooth replantation did not present pulp canal obliteration.

Eighteen teeth presented immature root development, of which 11 teeth suffered extrusive luxation, 1 tooth suffered lateral luxation, 2 teeth intrusive luxation and 4 suffered avulsion. Considering the stage of root development, only 5 teeth maintained vitality (27.28%).

It was observed that time elapsed from trauma date to the beginning of treatment influenced the development of inflammatory resorption in extrusive luxation (p = 0.0001/ Fisher’s exact test) and in lateral luxation (p = 0.0135/Fisher’s exact test). There was no statistical relationship between intrusive luxation and avulsion (Table 4).

The Odds ratio test allowed a study of the relationship between the development of inflammatory resorption and time elapsed between the trauma date and beginning of treatment, irrespective of the type of treatment. Patients that started treatment between the third and eighth week presented 4 times more chance of developing inflammatory resorption when compared with patients who received attendance soon after dental trauma. On the other hand, patients that with treatment after 8 weeks presented 10 times more chance of developing inflammatory resorption, when compared with all the studied patients (Table 5).

DISCUSSION

The sample of this study was composed of patients that suffered severe luxation and avulsion. The studied population was constituted mainly of male patients (65.71%), aged between 7 and 14 years of age (59.04%), with the maxillary central incisors being the group of teeth more frequently affected by trauma (64.4%). As regards

### Table 3: Post-traumatic complications observed in severe luxations and replanted teeth (Fisher’s exact test)

<table>
<thead>
<tr>
<th>Type of injury</th>
<th>n (%)</th>
<th>Necrosis n (%)</th>
<th>p</th>
<th>Inflammatory resorption n (%)</th>
<th>p</th>
<th>Replacement resorption n (%)</th>
<th>p</th>
</tr>
</thead>
<tbody>
<tr>
<td>Extrusive luxation</td>
<td>67 (100)</td>
<td>40 (59.7)</td>
<td>&lt; 0.0001</td>
<td>13 (19.4)</td>
<td>0.258</td>
<td>0 (0)</td>
<td>&lt; 0.0001</td>
</tr>
<tr>
<td>Lateral luxation</td>
<td>69 (100)</td>
<td>63 (91.3)</td>
<td></td>
<td>11 (15.94)</td>
<td>1 (1.45)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Intrusive luxation</td>
<td>10 (100)</td>
<td>10 (100)</td>
<td></td>
<td>2 (20)</td>
<td>3 (30)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Avulsion</td>
<td>34 (100)</td>
<td>34 (100)</td>
<td></td>
<td>11 (32.35)</td>
<td>32 (94.12)</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

### Table 4: Relation between initial attendance after trauma and development of inflammatory root resorption in severe luxations and replanted teeth (Fisher’s exact test)

<table>
<thead>
<tr>
<th>Type of injury</th>
<th>Presence of inflammatory resorption (n)</th>
<th>Time elapsed between trauma date and beginning of the treatment</th>
<th>p-value</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>&lt; 2 weeks n(%)</td>
<td>3 &lt; n &lt; 8 weeks n(%)</td>
<td>&gt; 9 weeks n(%)</td>
</tr>
<tr>
<td>Extrusive luxation</td>
<td>13</td>
<td>1 (7.69)</td>
<td>2 (15.39)</td>
</tr>
<tr>
<td>Lateral luxation</td>
<td>11</td>
<td>1 (9.1)</td>
<td>5 (45.45)</td>
</tr>
<tr>
<td>Intrusive luxation</td>
<td>2</td>
<td>0 (0)</td>
<td>1 (50)</td>
</tr>
<tr>
<td>Avulsion</td>
<td>11</td>
<td>3 (27.27)</td>
<td>6 (54.54)</td>
</tr>
<tr>
<td>Total</td>
<td>37</td>
<td>5 (13.51)</td>
<td>14 (37.84)</td>
</tr>
</tbody>
</table>

The sample of this study was composed of patients that suffered severe luxation and avulsion. The studied population was constituted mainly of male patients (65.71%), aged between 7 and 14 years of age (59.04%), with the maxillary central incisors being the group of teeth more frequently affected by trauma (64.4%). As regards...
etiological factors, bicycle accidents (33.7%) followed by falls (24%) were the main factors related to traumatic episodes. The epidemiological profile of luxation and tooth replantation has also been studied by other authors, who observed similar results.5,10,15,16

The majority of the studies demonstrated that the emergency attendance, treatment and patient follow-up are generally performed in the same place.13,14,17,22 On the contrary, the present study showed that most of evaluated patients received emergency care in other clinics and were afterwards referred to the Dental Trauma Center of Piracicaba Dental School for clinical and radiographic follow-up. According to Al Jundi,23 the delay in seeking dental care influence the prognosis of traumatized teeth.

Pulp necrosis was the main complication observed after luxation and dental replantation, data also noted by other studies.7,10,12,19,24-28 In addition, statistical difference was verified when the occurrence of necrosis was compared among the types of dental trauma (p < 0.001). In extrusive luxation, necrosis was observed in 59.1% of evaluated teeth. Some studies demonstrated similar prevalence, with 43 and 56% of teeth with necrotic pulp.7,19 Moreover, another study showed that when the sample is composed of mature teeth exclusively, only 2% of extrusive luxation cases maintained vitality.26 As regards lateral luxation, in the present study a prevalence of 91.3% of pulp necrosis was observed, a value that is considered high, when compared with other studies that demonstrated 4027 and 47.3%10 of pulp necrosis for lateral luxation. This difference may be explained considering that in a large number of those studies, the sample was composed of immature teeth, whereas in the present study, only 1 tooth that suffered lateral luxation was not completely developed.

In intrusive luxation and tooth replantation it was verified that all teeth presented pulp necrosis. The literature is contradictory with regard to necrosis in intruded and avulsed teeth, with similar researches having presented high values.30,12 and others demonstrating low values (45.1 and 57%30,31 This difference may be explained because in previous studies, the evaluated populations were composed only of children and young people.

Another relevant post-traumatic complication refers to root resorption. Inflammatory resorption was diagnosed in 20.5% of the cases, without statistical difference when compared with the prevalence of this resorption in the four types of trauma evaluated (p = 0.258). Many authors have stated that this type of resorption may occur after severe dental trauma and is related to the presence of microorganisms inside root canal.22,25

Extrusive and lateral luxations presented inflammatory resorption in 19.4 and 11.94% of the cases, respectively. Other studies have observed lower frequencies varying from 0 to 10%.7,10,12,19,20 The higher values observed in the present study may be explained due to the delay in seeking treatment. In cases of extrusive luxation, 76.6% of the patients began receiving treatment in the Dental Trauma Center 9 weeks after dental trauma date. This was shown for lateral luxation as well, in which 45.5% of the patients sought attendance after the same period. It was verified that the time elapsed between the trauma date and the beginning of the treatment influenced the development of inflammatory resorption in extrusive and lateral luxations.

It was observed that in intrusive luxation, inflammatory resorption was diagnosed in 20% of the cases, a result that is in agreement with studies presented in the literature.31,33-35 In replanted teeth, this type of resorption was observed in 32.35% of the cases, which is a value similar to that in other studies.5,36 On the contrary, there are contradictory results in the literature related to the presence of inflammatory resorption, which have demonstrated lower values (12.8%),37 while another shows a prevalence of 62.5% in the total number of replanted teeth.38 This difference may be explained due to variables that may influence the occurrence of this complication such as extra-alveolar period, storage medium and patient age.

The main factors related to the prognosis of traumatized teeth are type of injury and stage of root development.12 However, it was observed that the delay in seeking treatment can also affect the prognosis. Considering the relationship between inflammatory resorption development and patient’s delay to seek treatment, it was observed that patients who begin treatment between third and eighth weeks after trauma presented 4 times more chance of developing inflammatory resorption. When this time for seeking treatment was longer than 8 weeks, the development of inflammatory resorption increased 10 times. This fact was also verified in previous studies that reported that late attendance performed 3 months after trauma may compromise the pulp and periodontal prognosis of traumatized teeth.23

### Table 5: Odds ratio test to verify the relation between initial attendance date after trauma and development of inflammatory resorption

<table>
<thead>
<tr>
<th>Initial attendance after trauma</th>
<th>n</th>
<th>Inflammatory resorption n (%)</th>
<th>Odds</th>
<th>95% CI</th>
<th>p-value</th>
</tr>
</thead>
<tbody>
<tr>
<td>&lt; 2 weeks</td>
<td>76</td>
<td>5 (6.58)</td>
<td>1</td>
<td>—</td>
<td>—</td>
</tr>
<tr>
<td>3 ≤ n ≤ 8</td>
<td>62</td>
<td>14 (22.58)</td>
<td>4.1417</td>
<td>1.3997-12.2550</td>
<td>0.0137</td>
</tr>
<tr>
<td>&gt; 9 weeks</td>
<td>42</td>
<td>18 (42.86)</td>
<td>10.65</td>
<td>3.5679-31.7896</td>
<td>&lt; 0.0001</td>
</tr>
</tbody>
</table>

**The Journal of Contemporary Dental Practice, January 2015;16(1):13-19**
Replacement resorption was not frequent in extrusive and lateral luxations, which is in agreement with the literature.\textsuperscript{12,19,24,27,38} On the other hand, in intrusive luxation this type of resorption was diagnosed in 30% of the cases. Previous studies have also observed that replacement resorption may occur with a frequency of 20 to 40% in cases of intrusive luxation.\textsuperscript{13,26}

In tooth replantation, replacement resorption was noted in 94.12% of the cases. Other authors also observed that this type of complication is frequently found in tooth avulsion.\textsuperscript{28,39,40} The extra-alveolar period and storage medium of the avulsed tooth are decisive factors for periodontal ligament repair.\textsuperscript{41} In the present study, of a total of 34 teeth, 29 teeth were replanted late/after a delay, which may have contributed to greater number of replacement resorption observed.

Pulp canal obliteration have been verified in 25-40% of luxations, being commonly noted in immature teeth.\textsuperscript{4,10,19,30} In the present research, pulp canal obliteration were diagnosed in only 3% of extrusive luxations, and in lateral and intrusive luxations this sequela was not observed. The lower frequency may be explained due to a slower number of immature teeth and high prevalence of pulp necrosis.

Clinical studies describing the main complications that may affect traumatized teeth present great relevance to make the population aware of the importance of seeking immediate treatment and to alert the professional to the need for follow-up. When traumatic injuries are diagnosed and treated early, post-traumatic complications may be controlled, allowing conservation of the tooth in oral cavity.

CONCLUSION

The main post-traumatic complication of luxated and replanted teeth observed was pulp necrosis. It was demonstrated that the longer the time elapsed between the dates of trauma and seeking treatment the greater the risk for developing inflammatory resorptions in severe luxation and replanted teeth. In addition, replacement resorption was most frequently observed in tooth replantations, with the extra-alveolar period being a decisive factor in the occurrence of this type of sequela.

CLINICAL SIGNIFICANCE

Clinical studies describing the main complications that may affect traumatized teeth present great relevance to make the population aware of the importance of seeking immediate treatment and to alert the professional to the need for follow-up. When traumatic injuries are diagnosed and treated early, post-traumatic complications may be controlled, allowing conservation of the tooth in oral cavity.

REFERENCES

34. Andreasen JO, Bakland LK, Andreasen FM. Traumatic intrusion of permanent teeth. Part 2. A clinical study of the effect of preinjury and injury factors, such as sex, age, stage of root development, tooth location, and extent of injury including number of intruded teeth on 140 intruded permanent teeth. Dent Traumatol 2006;22(2):90-98.