Comparative Evaluation of Efficacy of Four Different Materials in the Repair of Amalgam Restorations: An *In Vitro* Study

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ABSTRACT

Aim: This study was aimed to compare the microleakage of amalgam restorations repaired with bonded amalgam, composite resin, ormocer, and glass ionomer restorative material.

Materials and methods: Sixty extracted maxillary human premolars were prepared and restored with class I amalgam. A simulated defect was prepared that included the cavosurface margin on restorations, and the premolars were assigned to four treatment groups (n = 15): In group I, premolars were treated by bonded amalgam; in group II, premolars were repaired with composite resin; in group III, premolars were repaired by ormocer; and in group IV, premolars were repaired with glass ionomer restorative material. The teeth were immersed in 50% silver nitrate solution, thermocycled, sectioned longitudinally, and then blindly observed under a stereomicroscope by three trained examiners. Microleakage was evaluated using a 0–4 scale for dye penetration, and data were analyzed by Kruskal–Wallis test and Mann–Whitney *U*-test.

Results: The microleakage values were more in the group repaired with glass ionomer restorative material and the Chi-squared test showed no significant difference in between the groups repaired with bonded amalgam, composite resin, and ormocer, but showed significant difference between the groups repaired with ormocer and glass ionomer restorative materials and between composite resin and glass ionomer restorative materials.

Conclusion: None of the restorative techniques evaluated were able to completely eliminate marginal microleakage.

Clinical significance: The results seem to be favorable within the limits of the *in vitro* conditions of the present study; however, the *in vivo* conditions are the best for clinically relevant findings.

Keywords: Amalgam, Microleakage, Restoration.

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INTRODUCTION

On a worldwide scale, dental amalgam is the most common direct filling restorative material used, especially for posterior teeth. Despite all the controversies regarding the adverse effects of mercury on health, amalgam has retained its position as one of the most commonly used restorative material.¹

The popularity of amalgam might be attributed to its good mechanical properties, low cost, ease of application, high longevity, which has sustained its use despite numerous challenges and the development of alternatives. Amalgam has low technique sensitivity, good wear resistance, and self-sealing ability.^{2,3}

Failure of dental restorations is the major concern in the dental practice. Survival and failure rates may be used as the measures of clinical performance. One of the major steps in the breakdown of the margin is extrusion of the amalgam along the margins and formation or enlargement of the tooth–amalgam gap. Creep rate has been found to correlate with the marginal breakdown of amalgam restorations; that is, the higher the creep magnitude, the greater the degree of marginal deterioration.⁴

The use of amalgam bonding agents has become popular in the restoration of posterior teeth, demonstrates many potential advantages, including tooth reinforcement, and increases the retention without the need of conventional cavity designs providing a conservative preparation, decreased postoperative sensitivity, better marginal adaptation, decreased microleakage, and reduction of secondary caries.⁴ ^{1,4,5}Department of Conservative Dentistry and Endodontics, KLE Vishwanath Katti Institute of Dental Sciences, Belagavi, Karnataka, India

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Resin-based tooth-colored materials have become increasingly popular as overall restorative materials, including posterior restoration applications.^{5,6} Resin composites have also been shown to successfully repair amalgam restorations, because of the improved filler content, improved use of adhesive agent, fracture

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resistance, better marginal adaptation, and minimal shrinkage.⁷ Ormocers are organically modified ceramics which is a combination of a polycondensed inorganic and organic networks. Ormocers have an inorganic backbone based on the SiO₂ and are functionalized with polymerizable organic units. This produces 3-dimensional polymeric composites. Ormocers are mechanically stable, chemically resistant, esthetic, and advantageous when compared to conventional composites like outstanding biocompatibility, minimal shrinkage; resistance to masticatory loading, and the bond strength achieved is stable.⁸

Glass ionomer cement (GIC) is a unique restorative material with many uses in clinical practice. What differentiates GIC from other restoratives is their chemistry, which allows them to be selfadhesive to enamel and dentin and provide for caries-protective fluoride release at the margins of restorations, as well as their ability to have the fluoride within their chemical matrix recharged by outside exposure to the other fluoride-containing materials. Other unique features include their moisture tolerance, allowing GIC to be used for a wide variety of clinical applications. The successful addition of new restorative materials to an existing restoration may be the most conservative course of treatment in certain situations. Occasionally, the repair of an amalgam restoration can provide a less invasive procedure than its complete removal and replacement. The success of such procedures may be directly affected by the strength of the bond and microleakage between the old and new restorative materials and between tooth structure and restorative materials.^{9,10}

Microleakage tests are the useful methods to evaluate the sealing performance of adhesive systems. Among the different methods employed, dye penetration measurement performed on the sections of restored teeth is the most commonly used technique due to its low cost and simplicity.¹⁰ This *in vitro* study was aimed to assess the repair quality of amalgam restorations using bonded amalgam, composite resin, ormocer and glass ionomer restorative material at restoration/repair and repair/ tooth interfaces after partial removal of preexisting amalgam by quantitative microleakage assessment using silver nitrate dye and stereomicroscopic analysis.

MATERIALS AND METHODS

The present study was conducted in the Department of Conservative Dentistry and Endodontics at PMNM Dental College and Hospital in Bagalkot. Sixty freshly extracted premolars were included in the present study. Cleaning of the roots was done for removing the debris. Before utilizing, all the specimens were disinfected by thymol solution (0.5%). Random division of all the specimens was done into four different groups with 15 samples in each group as shown in Table 1: Group I = bonded amalgam (3M ESPE, Adper), Group II = composite resin (Filtek, Tetric EvoCeram), Group III = ormocer (Ceram X, Dentsply) and Group IV = packable glass ionomer restorative material (Fuji IX).

Specimen Procedure

Preparation of class 1 cavities was done on the occlusal surface to be 2 mm wide, 4 mm deep, and 3 mm long with the help of a high-speed handpiece and a carbide plain fissure bur # 245. Replacement of the burs was done after making every five cavities. The measurement of the dimension was done using periodontal probe for the maintenance of uniformity.

Table 1: Description of materials used i	n the present study
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Materials	Description	Manufacture
Composite resin FiltekZ350™	Filtek TM Z350 universal restorative material is a visible light-activated, radiopaque restorative composite resin designed for using in anterior and posterior restorations. The fillers are a combination of aggregated zirconia/silica cluster filler with an average cluster particle size of 0.6–1.4 microns with a primary particle size of 5–20 nm and non-agglomerated/non- aggregated 20-nm silica filler. The inorganic filler loading is about 78.5% by wt (59.5% by volume). Filtek TM Z350 universal restorative material contains bis-GMA, UDMA, and TEGDMA resins	3M ESPE, India
Bonded amalgam (3M ESPE, Adper)	Contents: activator, primer, adhesive, catalyst, and etchant	Adper
Ormocer (Ceram X)	Designed for using in anterior and posterior restorations Bis- GMA resins	Dentsply
Packable glass ionomer restorative material (Fuji IX)	Fluoride releasing and posterior restorations	Dentsply

Restorative Procedure

Restoration of the teeth specimens was done using handcondensed amalgam, into the preparations with the purpose of covering entire walls along with cavosurface margins. This was followed by carving of the tooth contour using sharp carver. After the time period of 72 hours, polishing of the restorations were done followed by storage in saline solution at 37°C.

Repair Procedure

In the amalgam restorations, preparation of fresh class 1 cavities (1 mm wide, 2 mm deep, and 3 mm long) was done along the cavosurface margins with the aim of simulating a defect. After the sample preparation, the teeth samples were randomly divided into four different groups with fifteen specimens in each group: Group I = bonded amalgam (3M ESPE, Adper), Group II = composite resin (FILTEK, Tetric EvoCeram), Group III = ormocer (Ceram X, Dentsply), and Group IV = packable glass ionomer restorative material (Fuji IX). All the samples were restored using the materials as per their respective groups.

Thermal Cycling and Microleakage Testing

Thermocycling of all the specimens was done (500 cycles) between 5°C and 55°C with a one-minute dwell time. Glass ionomer was used for filling up the teeth apice (Ketac Bond—3M ESPE, St Paul, MN, USA) followed by coating with nail varnish (2 layers) leaving the repair margins uncoated. In the absence of light, immersing of the specimens was done in 50% silver nitrate solution for 24 hours at 37°C. Then, they were washed in running water and immersed

into another vial with photodeveloping solution (Decktol, Kodak, Sao Jose Dos Campos, SP, Brazil) for 6 hours under continuous illumination to reduce the formation of precipitated silver ions. Each specimen was longitudinally sectioned by a cutting machine (Dentorium, New York) in a buccolingual direction through the restoration center. The sections were examined blindly by three trained examiners with a stereomicroscope (Lawrence & Mayo) at 50× magnification. The data collected were statistically analyzed.

Each section was then graded for microleakage at the repair/ tooth and repair/restoration interfaces as follows (Fig. 1):

- Score 0—no dye infiltration (Fig. 1A)
- Score 1—dye penetration up to one-third of the repair axial wall (Fig. 1B)
- Score 2—dye penetration up to two-thirds of the repair axial wall (Fig. 1C)
- Score 3—dye penetration onto the entire repair axial wall (Fig. 1D)
- Score 4—dye penetration onto the pulpal wall of the repair (Fig. 1E).

RESULTS

This *in vitro* study was done to compare the microleakage of amalgam restorations which was repaired with bonded amalgam, composite resin, ormocer, and glass ionomer restorative material. The study included a sample size of 60 teeth and randomly divided into four groups containing 15 teeth each (Fig. 2). The results showed that there was an overall statistical significant difference between the four groups (Table 2 and Fig. 3). No statistical significant difference was observed between the bonded amalgam, composite resin, and ormocer groups. However, there was a statistical significant difference between the composite resin and GIC and the ormocer and GIC groups.

For the repair/restoration interface, the microleakage values were more in the group repaired with glass ionomer restorative material (Table 3 and Fig. 4). And, the Chi-squared test showed no significant difference in between the groups repaired with bonded amalgam, composite resin, and ormocer, but showed significant difference between the groups repaired with ormocer and glass ionomer restorative material and between composite resin and glass ionomer restorative material (Fig. 5).

For the repair/tooth interface, the microleakage values were more in the group repaired with glass ionomer restorative material. And the Chi-squared test showed no significant difference in between the groups repaired with bonded amalgam, composite resin, and ormocer, but showed significant difference between the groups repaired with ormocer and glass ionomer restorative material and between composite resin and glass ionomer restorative material (Tables 4 and 5).

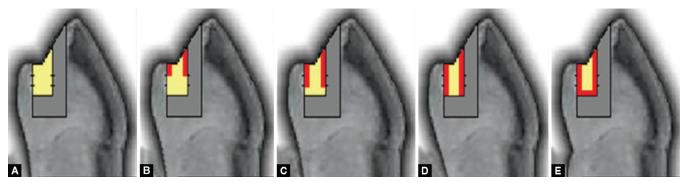
The mean microleakage values of the group repaired with glass ionomer restorative material showed highest readings (3.1) indicating more microleakage in this group followed by the group repaired with bonded amalgam (1.9) and composite resin (0.7). Mean microleakage values of the group repaired with ormocer (0.6) were least, including less microleakage. The mean microleakage values of the group repaired with glass ionomer restorative material showed highest readings (2.5) indicating more microleakage in this group followed by the group repaired with bonded amalgam (1.7) and composite resin (0.9). Mean microleakage values of the group repaired with ormocer (0.6) were least, including less microleakage (Tables 6 and 7).

The readings showed that the group repaired with glass ionomer restorative material was the most to leak followed by the groups repaired with bonded amalgam, composite resin, and ormocer, where the ormocer group showed least microleakage.

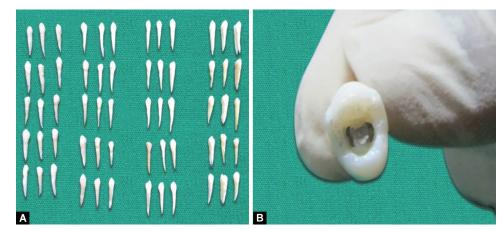
DISCUSSION

Amalgam restoration repair is regarded as efficacious and reasonable alternative treatment in terms of cost-effectiveness in comparison with whole replacement.¹⁰ In this study, human premolar teeth were selected because these teeth are extracted more frequently for orthodontic purpose and are easily available. The present study showed that all the four restorative materials bonded amalgam, composite resin, ormocer, and GIC that were investigated exhibited microleakage at the repair/restoration and the repair/tooth interfaces. Among these materials, repair with ormocer showed less microleakage than that of composite resin followed by bonded amalgam and GIC at both repair/tooth and repair/restoration interfaces, but a statistical significant difference was found between ormocer/GIC groups and composite resin/GIC groups.

The present study showed that there was no statistically significant difference between the ormocer and the composite resin groups. Our results are in agreement with the study by Sharma et al.¹¹ where there was no statistically significant difference between the ormocer and composite resin groups. The ormocer and composite resin exhibited the best sealing ability. The lowest polymerization shrinkage microfilled composite resins mainly contain filler particles with a mean diameter of less than 100 nm and such fillers are called nanofillers. The composite resin showed lesser microleakage when compared to bonded amalgam in this study which is in agreement with a study of Popoff et al.⁴ For the repair/restoration interface,



Figs 1A to E: (A) Score 0; (B) Score 1; (C) Score 3; (D) Score 3; (E) Score 4



Figs 2A and B: (A) Specimens; (B) Defect in the restoration created

Table 2: Status of microleakage	for the repair/restoration	interface in four different groups

	Bonded		Composite				Glass ionom	er	
Microleakage	amalgam	(%)	resin	(%)	Ormocer	(%)	cement	(%)	Total
Score 0	6	40.00	9	60.00	12	80.00	1	6.67	28
Score 1	1	6.67	4	26.67	1	6.67	1	6.67	7
Score 2	1	6.67	0	0.00	0	0.00	2	13.33	3
Score 3	3	20.00	1	6.67	0	0.00	3	20.00	7
Score 4	4	26.67	1	6.67	2	13.33	8	53.33	15
Total	15	100.00	15	100.00	15	100.00	15	100.00	60

Overall Chi-squared = 28.4762, p = 0.00472*

Bonded amalgam vs composite resin, Chi-squared = 6.2001, p = 0.1852Bonded amalgam vs ormocer, Chi-squared = 6.6673, p = 0.1551Bonded amalgam vs GIC, Chi-squared = 5.2383, p = 0.2645Composite resin vs ormocer, Chi-squared = 3.5622, p = 0.3131Composite resin vs GIC, Chi-squared = 16.6445, p = 0.0021*Ormocer vs GIC, Chi-squared = 17.9082, p = 0.0012**p < 0.05

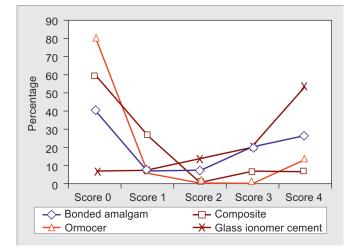


Fig. 3: Frequencies of dye penetration scores of marginal microleakage for repair/restoration interfaces in four groups

bonded amalgam showed a higher level of microleakage than repair with composite resin. $^{12,13}\,$

Although several studies have shown that primers and adhesives form ionic bonds with metal oxides or with the active

metal compounds of the amalgam, the existence of a true chemical bond between composite resin and amalgam is controversial.⁴ However, the marginal leakage around composite resin restorations is reduced to a minimum at repair/tooth interface. The reason for less microleakage at repair/tooth interface may be due to the reason that composite resin was introduced within the microporosities of the etched enamel, photocuring of composite resin through the thin enamel may reduce its polymerization shrinkage which may lead to decreased marginal gap and less amount of microleakage and the introduction of improved dentin bonding agents made it possible to develop a continuous bonding of the resin material from dentinal wall to enamel wall.¹⁴⁻¹⁶

The marginal leakage is more at the repair/restoration interface. It is interesting to note that the results of the current study highlighted the repair/restoration interface as the weakest part of the repaired restorative complex. This can be clarified in a way that a better adhesion of the bonding agent to existing amalgam is achieved if the roughened surface is not acid-etched. The results of the present study are consistent with the results obtained in the study conducted by Maroney et al. and also with Cardash et al. who described microleakage at the etched amalgam/composite resin interface. Etching of the amalgam surface in the present study showed an adverse effect on the leakage between amalgam and composite resin.^{17,18}



Table 3: Status of microleakag	e for the repair/tooth	interface in four o	different aroups

	-				5 1				
	Bonded		Composit	е			Glass ionom	er	
Microleakage	amalgam	(%)	resin	(%)	Ormocer	(%)	cement	(%)	Total
Score 0	3	20.00	8	53.33	10	66.67	2	13.33	23
Score 1	3	20.00	3	20.00	2	13.33	1	6.67	9
Score 2	4	26.67	2	13.33	2	13.33	4	26.67	12
Score 3	5	33.33	2	13.33	1	6.67	4	26.67	12
Score 4	0	0.00	0	0.00	0	0.00	4	26.67	4
Total	15	100.00	15	100.00	15	100.00	15	100.00	60

Overall Chi-squared = 25.6722, p = 0.01197*

Bonded amalgam vs composite resin, Chi-squared = 4.2252, p = 0.2318

Bonded amalgam vs ormocer, Chi-squared = 7.3032, p = 0.0631

Bonded amalgam vs GIC, Chi-squared = 5.3113, p = 0.2527

Composite resin vs ormocer, Chi-square = 0.7562, p = 0.8602

Composite resin vs GIC, Chi-squared = $9.9323 p = 0.0423^*$

Ormocer vs GIC, Chi-squared = $12.1332 p = 0.0116^*$

*p < 0.05

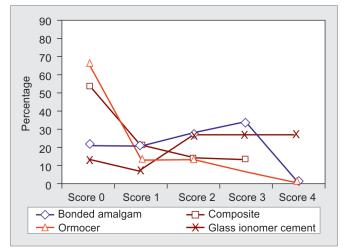
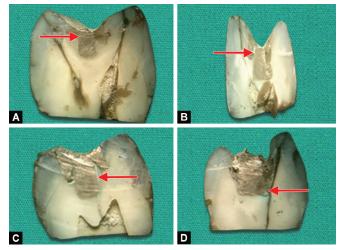


Fig. 4: Frequencies of dye penetration scores of marginal microleakage for repair/tooth interfaces in four groups

One of the explanations for the increased amount of leakage at the composite resin/amalgam interface was that it might not be possible to completely remove the gel from the roughened amalgam surface before applying bonding agent and composite resin. The findings in the present study are concomitant with the study conducted by Hadavi et al. Some reaction between metal and bonding agent might be responsible for better adhesion, and acid etch disrupts this process.¹⁹

The present study showed that bonded amalgam has less microleakage when compared to GIC which is in agreement with the study conducted by Hoshi et al.²⁰ Our results agree with the data reported with this *in vitro* study since no material was able to eliminate microleakage completely and the best results were obtained with the application of adhesive materials and superior performance that resulted in lesser microleakage when compared to GIC.

The maximum microleakage was seen with the GIC group in the present study which is in agreement with Alperstein et al. where showed slight to moderate marginal leakage with GIC in contrast to none or minimal leakage with amalgam and composite resin was seen. The maximum microleakage produced may be due to



Figs 5A to D: (A) No dye penetration; (B) Dye penetration along onethird of repaired axial wall; (C) Dye penetration along two-thirds of the repaired axial wall; (D) Dye penetration onto the pulpal wall of repair

the fact that no primer was used with this type of glass ionomer. The function of primer is to modify the smear layer and adequately wet the tooth surface to facilitate adhesion of the material to the hard tissue.^{6,21}

The present study showed statistical significant difference between the ormocer and GIC group which is in accordance with a study conducted by Gupta et al. which showed statistically significant difference between ormocer and GIC where ormocer showed high shear bond strength than GIC indicating less microleakage than GIC.⁶ Also, a statistically significant difference was observed between the composite resin and GIC group, where composite resin showed less microleakage than GIC which is in concurrence with a study by Ersin NK et al. where there was a statistical significant difference between the two groups.²²

In the present study, none of the four restorative materials prevented the dye penetration. This result is in agreement with the study conducted by Gerdolle et al.²³ The results concluded that none of the four restorative materials prevented the dye penetration. The ormocer and packable composites exhibited the lowest microleakage, followed by resin-modified glass ionomer.

Efficacy of Different Materials in Repair of Amalgam Restorations

Table 4: Comparison of four groups with respect to microleakage for repair/restoration interfaces by Kruskal–Wallis ANOVA							
Groups	Mean	SD	Median	Sum of ranks	H value	p value	
Bonded amalgam	1.9	1.8	2.0	494.0	19.5517	0.0002*	
Composite resin	0.7	1.2	0.0	353.5			
Ormocer	0.6	1.4	0.0	312.0			

4.0

670.5

Glass ionomer cement

3.1

Table 5: Pairwise comparison of four of	irouns with respect to microleakage	for repair/restoration interfaces h	w Mann_Whitney / /-test
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1.3

Groups	Mean	SD	Median	Sum of ranks	U value	Zvalue	p value
Bonded amalgam	1.9	1.8	2.0	269.50			
Composite resin	0.7	1.2	0.0	195.50	75.50	-1.5347	0.1249
Bonded amalgam	1.9	1.8	2.0	276.50			
Ormocer	0.6	1.4	0.0	188.50	68.50	-1.8250	0.0680
Bonded amalgam	1.9	1.8	2.0	188.00			
Glass ionomer cement	3.1	1.3	4.0	277.00	68.00	-1.8458	0.0649
Composite resin	0.7	1.2	0.0	251.00			
Ormocer	0.6	1.4	0.0	214.00	94.00	-0.7673	0.4429
Composite resin	0.7	1.2	0.0	147.00			
Glass ionomer cement	3.1	1.3	4.0	318.00	27.00	-3.5464	0.0004*
Ormocer	0.6	1.4	0.0	149.50			
Glass ionomer cement	3.1	1.3	4.0	315.50	29.50	-3.4427	0.0006*

*p < 0.05

Table 6: Comparison of four groups with respect to microleakage for repair/tooth interfaces by Kruskal–Wallis ANOVA

Groups	Mean	SD	Median	Sum of ranks	H value	p value
Bonded amalgam	1.7	1.2	2.0	526.5	17.1261	0.0007*
Composite resin	0.9	1.1	0.0	358.0		
Ormocer	0.6	1.0	0.0	303.5		
Glass ionomer cement	2.5	1.4	3.0	642.0		

*p < 0.05

Table 7: Pairwise comparison of four groups with respect to microleakage for repair/tooth interfaces by Mann–Whitney U-test

Groups	Mean	SD	Median	Sum of ranks	U value	Z value	p value
Bonded amalgam	1.7	1.2	2.0	278.50			
Composite resin	0.9	1.1	0.0	186.50	66.50	-1.9080	0.0564
Bonded amalgam	1.7	1.2	2.0	292.50			
Ormocer	0.6	1.0	0.0	172.50	52.50	-2.4887	0.0128*
Bonded amalgam	1.7	1.2	2.0	195.50			
Glass ionomer cement	2.5	1.4	3.0	269.50	75.50	-1.5347	0.1249
Composite resin	0.9	1.1	0.0	248.00			
Ormocer	0.6	1.0	0.0	217.00	97.00	-0.6429	0.5203
Composite resin	0.9	1.1	0.0	163.50			
Glass ionomer cement	2.5	1.4	3.0	301.50	43.50	-2.8620	0.0042*
Ormocer	0.6	1.0	0.0	154.00			
Glass ionomer cement	2.5	1.4	3.0	311.00	34.00	-3.2560	0.0011*

**p* < 0.05

The highest microleakage values were seen with compomer group. Regarding the polymerization shrinkage, composite resin demonstrated the lowest values, followed by ormocer and compomer. The resin-modified GIC presented the highest values. However, this study could not demonstrate that higher polymerization shrinkage resulted in lower sealing ability, and thus, polymerization shrinkage was confirmed not to be the only factor inducing interfacial microleakage.



^{*}p < 0.05

CONCLUSION

None of the restorative techniques evaluated were able to completely eliminate marginal microleakage. For the repair/tooth interface, repair with ormocer demonstrated a greater sealing ability than repair with bonded amalgam, composite resin, and glass ionomer restorative material. For the repair/restoration interface, glass ionomer restorative material showed a higher level of microleakage than repair with composite resin, bonded amalgam, and ormocer.

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