

# Oral Microbiota as a Diagnostic Biomarker of Digestive Cancer: A Systematic Review

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## ABSTRACT

**Aim:** This article aimed to review the association of oral microbiota with digestive cancer (DC).

**Background:** Oral microbiota is one of the most complex ecosystems in our body. The mouth, from which the digestive system starts, may be a source of an abundant taxonomic group of microbiotas that travel to the digestive system followed by growth, reproduction, and settlement, forming a complex microecological environment causing systemic and gastrointestinal (GI) disease.

**Review results:** A total of 14 articles were chosen for review. Most studies were case-control. Both positive and negative associations were seen between oral microbiome and DC.

**Conclusion:** Digestive cancer may be associated with distinctive oral microbial character.

**Clinical significance:** The present systematic review enlightens the risk of digestive carcinoma with oral microbiota that may act as a biomarker for early diagnosis of DC in a more comfortable, acceptable, and noninvasive way.

**Keywords:** Digestive cancer, Gastrointestinal cancer, Microbial dysbiosis, Oral microbiota, Systematic review.

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## INTRODUCTION

Cancer is a leading cause of death worldwide. Gastrointestinal (GI) cancer refers to the malignant condition of the gastrointestinal tract (GIT) and other organs involved in digestion including the esophagus, stomach, biliary system, pancreas, small and large intestine, rectum, and anus. According to the World Health Organization (WHO) mortality database in 2018, a large number of new cases of digestive cancer (DC) (about 63%) is the leading cause of mortality over any other cancer-related death in Asia.<sup>1</sup> Among DC, esophageal, gastric, and liver cancers show more prevalence in Asia compared to colorectal and pancreatic cancers which are more prevalent in Europe and North America.<sup>1</sup>

There are well-established entities of interaction between genetic factors and developing cancer. Not only the age of a person, smoking, unhealthy diet, and inflammation are validated risk factors of cancer but also an association of *Helicobacter pylori* have been found with the development of cancer and defined as a class-I carcinogen. Several authors have identified common risk factors for DC among which well-recognized risks are environmental factors, high intake of fried food, alcohol consumption, old age, cigarette smoking, low intake of fruit or vitamin C, salted preserved food, and gut microbial infection.<sup>2-6</sup> Besides those, some authors admitted host interaction with environmental exposure as a risk factor.<sup>7-9</sup>

Some evidence suggested that not only the gut microbiota but also the dysbiosis of oral microbiota is correlative in conjunction with DC development.<sup>10</sup> The underlying mechanism of instituting between oral status and DC risk is not well understood. Although little, there is some evidence that establishes the oral microbiome as one of the modulating factors of developing cancer and other chronic diseases through the direct metabolism of chemical carcinogens and perpetuating systemic inflammatory mediators. The oral cavity is suitable for stable and harmonious colonization of bacteria unless disturbed by medication, disease, or significant changes in diet.<sup>11</sup>

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Recent evidence shows that oral microbial dysbiosis plays crucial roles in human health such as host response, carcinogen metabolism, and nutrient digestion. The human microbiome is the second most frequently studied human microflora. Apart from *H. pylori*, many other microbiotas are associated with an increased risk of DC. Specific bacteria and/or their dysbiosis in the human microbiome can cause local mucosal inflammation and increased intestinal permeability. Coker OO et al. suggested some bacterial interactions across stages of gastric cancer (GC), indicating that GC is related to microbial composition shifted along with stages of gastric carcinoma that are superficial gastritis, atrophic gastritis, and intestinal metaplasia.<sup>12</sup>

Early detection and effective treatment improve cancer survival, yet this remains a great challenge. Most of the diagnostic methods of DC are invasive and they lack of symptoms until they proceed to the late stage, most times they remain undiagnosed.

Again, deoxyribonucleic acid (DNA) sequencing for digestive metastasis detection is limited in clinical use due to the need for fresh, high-quality specimens, tumor content, and tumor heterogeneity. Again, molecular markers such as mutant DNA or DNA methylomes are detectable until and unless the cancer has

advanced from an early stage. So, researchers have given stress to noninvasive ways of diagnosis to enhance diagnostic sensitivity or early detection of DC. Several authors hypothesized that there is a difference in the oral microbial ecosystem among DC patients and healthy people.<sup>10,12-14</sup> Again, saliva, dental plaque, and tongue coat are three relevant samples of oral microflora and are easily collected. Because of their ease of accessibility as compared to a sample from other body parts, they might become a biomarker for the detection of various systemic diseases, for example, diabetes, cardiovascular disease, weight loss, preterm birth, erectile dysfunction, and DC. In this perspective, recent evidence is suggestive of using the oral microbial composition as a noninvasive screening tool for the detection of GI carcinoma.<sup>13-15</sup>

To date, the oral microbial dysbiosis and development of DC remain uncertainty. It is far consequently imperative to unravel the possible influence of specific bacteria with digestive metaplasia. The present systematic review aims at the critical updated appraisal of existing literature to observe the association of oral microflora with digestive carcinoma and the differential quantification and possible influence of certain oral microbiomes on digestive inflammation and cancer.

## MATERIALS AND METHODS

### Literature Research

This systematic review was performed according to the preferred reporting items for systematic reviews and meta-analysis (PRISMA) checklist.<sup>16</sup> The databases such as PubMed and Google Scholar were searched for eligible articles. A search was carried out by entering the following keywords and MeSH terms: Oral microbiota, oral microbiome, oral microbial dysbiosis, digestive cancer, digestive neoplasm, GI cancer, GI neoplasm, etc. Additionally, references regarding relevant topics were searched. The search was carried out for articles published between 2012 and 2022. Duplicates were removed and the abstracts and titles were checked for inclusion and exclusion based on the criteria provided below. The full texts were reviewed after meeting the inclusion and exclusion criteria as follows:

Inclusion criteria were (A) study relevant to the topic; (B) human studies; (C) original studies that adhered to samples collected from the oral cavity and (D) Descriptive (cross-sectional) and analytic studies (case-control and cohort).

The following criteria were excluded for this systematic review: (A) Animal study; (B) Irrelevant to the topic, (C) case reports and reviews; and (D) lack of effective statistical analysis.

For searching articles, the population, intervention, comparison(s), and outcome(s) (PICOs) schema was followed. A well-built question with the following criteria was used to facilitate searching the pertinent articles:

- Population: Adult patients with any type of GI cancer.
- Intervention: Oral microbial composition, and dysbiosis analyzed irrespective of methodology. No restriction was applied for different techniques, sample collection, preservation and analysis, and the type of microbiota that were analyzed.
- Comparison(s): Adult individual without cancer.
- Outcome(s): Association between oral microbiota composition both with abundance and quality of bacterial species.
- Study design: Descriptive (cross-sectional) and analytic studies (case-control and cohort) bounded to the magnitude of association between oral microbiota and DC.

### Data Extraction

Two of the authors (SAI and TF) independently screened titles and abstracts through the databases. This was followed by a full-text review of the relevant studies. For each eligible study, the following information was independently extracted and discussed with the third author (RM). The collected particulars were the author's name, country, year of publication, type of study, number of included patients with sample size, sample extraction, and detection method, and main result with the conclusion.

### Quality Assessment and Risk of Bias

The authors also performed a quality assessment with a risk of bias (ROB) evaluation of selected articles. The ROB was independently performed by two authors (SKY and AS) using the Newcastle-Ottawa scale (NOS)<sup>17</sup> (Table 1). The NOS contains eight items divided into the following three categories: selection, comparability, and outcome. One star was given for an appropriate assessment score ranging from 0-9 points and a high score indicating good methodological quality of the study based on the inclusion and exclusion criteria of the present study. Studies were thereafter classified into good, fair, and poor quality according to their star rating.

## RESULTS

### Literature Search Result

The search strategy identified 1,399 potential articles, from PubMed and Google Scholar. After the removal of duplicates and irrelevant topics, 87 articles were screened on title and abstract. The full texts of 76 studies were further evaluated for eligibility. Based on inclusion and exclusion criteria, 14 articles were finally included in this review. The detailed selection process is presented in Flowchart 1. Five articles were further screened for group bar chart representation (Fig. 1) based on the provided odds ratio (OR).

### Studies Characteristics

The characteristics of the accepted articles depicted in Table 2 published between 2012 and 2022. Among 14 studies, 7 were from the USA, 6 were from China and one study was carried out in Italy. Most studies were case-control. Five studies were conducted on GC, five studies on pancreatic cancer (PC), two on esophageal cancer (EC), and one on colorectal cancer (CRC), and one on both CRC and chronic gastritis (CG). Table 3 represents the method of quantification of the oral microbiome with sample care provided in each article and Table 4 delineates the qualitative and quantitative results of various bacteria. The overall total number of DC or metaplasia patients who were considered was 1,171 who were compared with 1,277 controls. Four studies assessed tongue coat where saliva was taken as a sample in seven studies. After collecting the samples, they were stored at a temperature range from -20 to -80°C. Almost all of them used the method of 16S ribosomal ribonucleic acid (rRNA) sequencing whereas only one study has done both 16S rRNA and 18S rRNA sequencing.

### Oral Microbiota and Gastric Cancer

Five articles deal with the association of oral microbiota in healthy control and GC. The overall number of GC cases was 386 who were compared with 359 controls. WU J reported significantly higher level of *Prevotella*, *Neisseria*, and *Porphyromonas* in healthy control group but *Streptococcus* was higher in GC individuals.<sup>18</sup> Hu J et al.

Table 1: Newcastle–Ottawa scale (high score indicates lower ROB)

Category	Wu J et al. <sup>18</sup>	Hu J et al. <sup>19</sup>	Sun JH et al. <sup>20</sup>	Xu S et al. <sup>21</sup>	Contaldo M et al. <sup>22</sup>	Fan X et al. <sup>23</sup>	Farrell JJ et al. <sup>13</sup>	Chen X et al. <sup>14</sup>	Torres PJ et al. <sup>24</sup>	Kato I et al. <sup>25</sup>	Lu H et al. <sup>26</sup>	Salazar CR et al. <sup>27</sup>	Peters BA et al. <sup>10</sup>	Wei AL et al. <sup>28</sup>
Selection	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Is case definition adequate?	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Case representativeness	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Selection of control	-	*	*	*	*	*	*	*	*	*	*	*	*	*
Definition of control	*	-	*	*	*	*	*	*	*	*	*	*	*	*
Comparability	*	*	*	*	*	**	*	*	*	*	**	*	**	*
Comparability of cases and controls based on design or analysis (study controls for/study controls for any additional factor)	*	*	*	*	*	**	*	*	*	*	**	*	**	*
Outcome	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Ascertainment of exposure (secure record, Structured interview where blind to case/control status)	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Same method of ascertainment of case and control	-	-	*	-	-	*	*	-	-	*	-	*	*	-
Nonresponse rate	*	*	-	-	*	-	-	-	*	-	-	-	-	*
Total score	6	6	7	5	7	7	6	5	7	5	5	6	6	5

\*Starred according to the assessment criteria of The Newcastle–Ottawa Scale (NOS)

reported significant difference in *Proteobacteria* and *Actinobacteria* seen between GC and control.<sup>19</sup>

### Oral Microbiota and Pancreatic Cancer

Five articles investigated the association of oral microbiota between control and pancreatic individuals. Overall total of 450 PC patients were assigned against 497 controls. Fan X et al. found higher levels of *Porphyromonas gingivalis* (Pg) and *Aggregatibacter actinomycetemcomitans* (Aa) in PC individuals.<sup>23</sup> Significant variation of *Neisseria elongata* and *Streptococcus mitis* between chronic pancreatitis and healthy control was reported by Farrell JJ et al.<sup>13</sup> Torres PJ reported a higher ratio of *Leptotrichia* to *Porphyromonas* in the saliva of PC patients.<sup>24</sup> *Streptococcus* and *Leptotrichina* found higher in PC group in another study.<sup>28</sup>

### Oral Microbiota and Colorectal Cancer

Contaldo M et al. collected saliva samples of CG healthy, and CRC individuals. reported statistically lower levels of *Fusobacterium nucleatum* and Pg in CRC group compared to healthy individuals.<sup>22</sup> However Kato I et al.<sup>25</sup> failed to support previous studies by denying the association of *Fusobacterium* and CRC.<sup>25</sup>

### Oral Microbiota and Esophageal Squamous Cell Carcinoma

Only two articles dealt with the association of oral microbiota in control and esophageal squamous cell carcinoma (ESCC) individuals. Chen X reported an overall decreased microbial diversity in ESCC compared to healthy control and dysplasia subjects.<sup>14</sup> Peters BA et al.<sup>10</sup> assessed microbial content in an oral wash of ESCC and esophageal adenocarcinoma (EAC) patients. The study identified an association between *Neisseria* and *Streptococcus pneumoniae* with a lower risk of EAC whereas Pg increases the risk of ESCC.<sup>10</sup>

## DISCUSSION

Digestive cancers that including cancers in the esophagus, stomach, liver, pancreas, colon, and rectum are increasing worldwide. Even though the diagnosis and treatment modalities of cancer are developing, the mortality rate is still disappointing. Despite relying on diagnostic procedures, the early stage DC patients often ignore endoscopy and biopsy for their invasiveness. Hence, easy, and successful diagnostic options such as biomarkers or any other noninvasive technique may be crucial later for early diagnosis and treatment of DC. Various authors reported the role of oral microbiota in DC development related to microbial composition, changes in the relative abundance (RA) of certain microorganisms along with the state of oral microbial dysbiosis.<sup>10,29–31</sup> The present systematic review enlightens the risk of digestive carcinoma (e.g., GC, PC, CRC and EC) with oral microbiota that may act as biomarker for early diagnosis of DC in more comfortable, acceptable and noninvasive way.

First, gastric cancer is the most common DC and one of the pertaining causes of cancer adhering global mortality.<sup>32</sup> Second, CG may proceed to GC by the following sequential stages: Chronic gastritis→atrophy→intestinal metaplasia→dysplasia. Therefore, this article also reviews the literature interlinking between oral microbial dysbiosis and CG.

The mouth, from which the digestive system starts, may be a source of an abundant taxonomic group of microbiotas that travel to the digestive system followed by growth, reproduction, and settlement, forming a complex microecological environment



Flowchart 1: The PRISMA flow diagram of article selection process

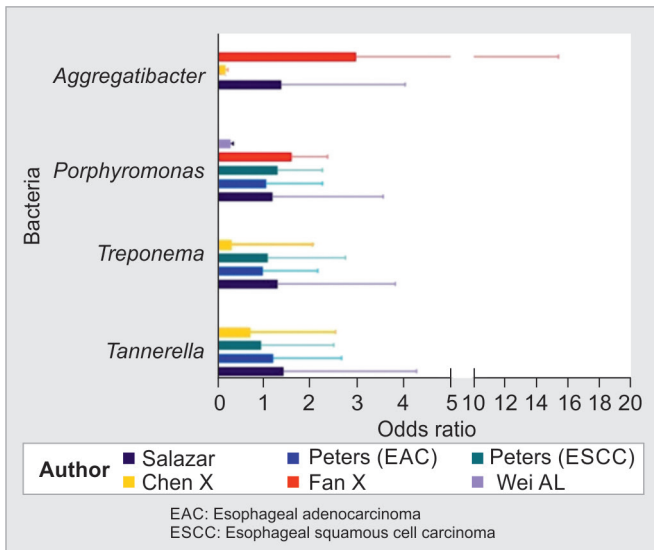
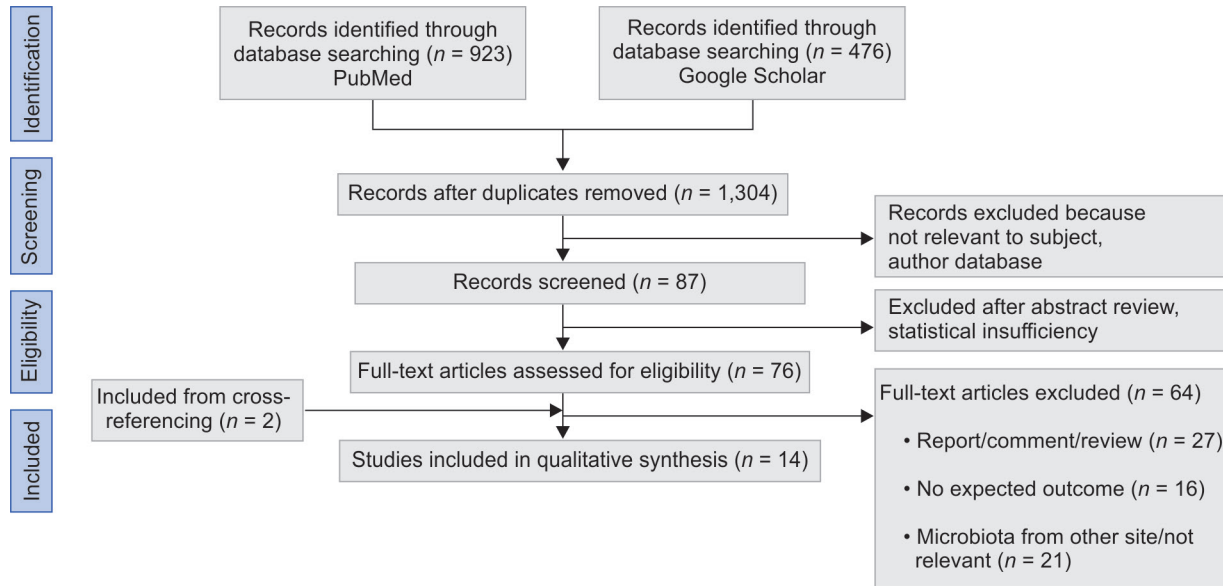


Fig. 1: Group bar chart representing OR of different bacteria in selected five studies

causing systemic and GI disease. The abundance or different typical count or pattern of oral microbiota could have a synergistic effect on onset or augmenting GC suggesting a possible role of oral microbiota in screening and risk assessment of cancer that could avail early detection and treatment initiation to combat this fatal cancer. Several authors showed strains of salivary bacteria, Pg, Aa, *Klebsiella* spp. could travel to the intestine and can cause gut floral dysbiosis followed by chronic inflammation and carcinoma.<sup>33</sup> The major phyla of oral bacteria include *Proteobacteria*, *Bacteroidetes*, *Firmicutes*, *Actinobacteria*, and *Fusobacteria*.<sup>34</sup>

Xu S et al. found significantly decreased *Neisseria* and *Rothia* in tongue coating in GC patients compared to healthy control whereas Sun JH et al. analyzed saliva and plaque and reported similar finding.<sup>20,21</sup> Cui J et al. analyzed 21 microbial species from tongue coating of gastritis and healthy individuals; 10 species were

increased and were more diverse in gastritis patients whereas the levels of 11 species were less in gastritis patients compared to normal control.<sup>35</sup> Li X et al. suggested abundance of *campylobacter* in tongue-coating flora may be positively interlinked with the progression of gastric mucosa from normal to atrophic gastritis and GI metaplasia.<sup>36</sup>

Abundant *Peptostreptococcus* was reported by Coker OO et al. in the mucosa of GC patients.<sup>12</sup> Salazar conducted a study to detect the influence of oral pathogens on gastric precancerous lesion. Plaque and saliva samples were tested with reverse transcription-polymerase chain reaction (RT-PCR) for DNA levels of associated pathogens. They found a high but nonsignificant increase of Pg (OR = 1.12; 0.67–1.88) Aa (OR = 1.36, 0.87–2.12), and *Treponema denticola* (OR = 1.34, 0.83–2.12) in patients with gastric precancerous lesions and hypothesized that periodontal pathogens are associated with increased incidence of gastric precancerous lesions.<sup>27</sup> Yamamura et al. and Hsieh et al. have given attention on *F. nucleatum*; they reported a significant increase of *F. nucleatum* DNA in EC, GC, and CRC.<sup>37,38</sup> Sun JH et al. analyzed bacterial distribution in saliva and plaque among different groups including GC patients.<sup>20</sup> They found an increased abundance of *Veillonella*, *Prevotella*, *Aggregatibacter*, and *Megasphaera* whereas *Leptotrichia*, *Rothia*, *Capnocytophaga*, *Campylobacter*, and *Tannerella* decreased in the GC group.<sup>20</sup> Several authors have reported the role of *Mycoplasma* that is not affected by many common antibiotics to be associated with various DC such as GC, CRC, and prostate cancer.<sup>27,39,40</sup>

Cordero and Varela-Calviño reported the influence of oral hygiene on intestinal inflammation interlinking them for their mutual involution in tumor development through signaling pathways.<sup>41</sup> They identified oral microbiota that travels to the gut and inspires the onset of CRC from chronic gastrointestinal (GI) inflammatory disease, for example, inflammatory bowel disease (IBD). Flemer et al. reported differently abundant oral taxa in CRC compared to healthy control and suggested heterogeneity of oral microbiota may be an alternative screening for the detection of CRC.<sup>42</sup>

The most common phyla that have been reported by several authors in oral samples of EC are *Firmicutes*, *Bacteroidetes*,



**Table 2:** General characteristics of selected studies

Reference	Country	Study type	Cancer type	Case (n)	Control (n)
Wu J et al. <sup>18</sup>	China	Case-control	GC	57	80
Hu J et al. <sup>19</sup>	China	Case-control	GC	74	72
Sun JH et al. <sup>20</sup>	China	Case-control	GC	37	13
Xu S et al. <sup>21</sup>	China	Case-control	GC	181	112
Contaldo M et al. <sup>22</sup>	Italy	MECC	CG	7	4
			CRC	4	
Fan X et al. <sup>23</sup>	USA	Large nested Case-control	PC	361	371
Farrell JJ et al. <sup>13</sup>	USA	Case-control	PC	10	10
Chen X et al. <sup>14</sup>	USA	MECC	ESCC	87	85
			Dysplasia	63	
Torres PJ et al. <sup>24</sup>	USA	Case-control	PC	8	22
Kato I et al. <sup>25</sup>	USA	Population based case-control	CRC	68	122
Lu H et al. <sup>26</sup>	China	Case-control	PC	30	25
Salazar CR et al. <sup>27</sup>	USA	Case-control	GC	37	82
Peters BA et al. <sup>10</sup>	USA	Prospected study nested in two cohorts	EAC	81	160
			ESCC	25	50
Wei AL et al. <sup>28</sup>	China	Case-control	PC	41	69

CG, chronic gastritis; CRC, colorectal cancer; GC, gastric cancer; EAC, esophageal adenocarcinoma; ESCC, esophageal squamous cell carcinoma; MECC, multiple events case-control; PC, pancreatic cancer

**Table 3:** Sample care and methods of bacterial quantification of selected studies

Reference	Sample	Sample care	Method	Bacterial quantification
Wu J et al. <sup>18</sup>	Tongue coat	Tongue scrap kept in tube with buffer then centrifuge and stored in -80°C	Pyrosequencing of 16S rRNA gene	RA
Hu J et al. <sup>19</sup>	Tongue coat	Tongue coating taken in tube with 1 mL of phosphate buffer solution then centrifuge at 5800 rpm for 5 minutes at -80°C	16S rRNA sequencing	RA
Sun JH et al. <sup>20</sup>	Saliva and plaque	Plaque—taken in EDTA buffered tube then centrifuged Saliva—taken with TE buffer	High throughput sequencing of 16S rRNA gene amplicon	Absolute amount
Xu S et al. <sup>21</sup>	Tongue coat	Tongue coat immersed in test tube with 10 mL phosphate buffered followed by centrifugation 2800g for 10 minutes and stored at -80°C	16S rRNA and 18S rRNA genes sequencing	RA
Contaldo M et al. <sup>22</sup>	Saliva	Saliva sample frozen at -20°C	RT-PCR was done for genomic bacterial DNA extraction	RA
Fan X et al. <sup>23</sup>	Oral wash	Mouthwash stored at -80°C	16S rRNA gene sequencing	RA
Farrell JJ et al. <sup>13</sup>	Saliva	Unstimulated saliva stored at -80°C	Bacterial DNA extracted. RT-PCR, q-PCR 16S rRNA sequencing	Absolute abundance
Chen X et al. <sup>14</sup>	Saliva	Saliva sample mixed to buffer and stored at -20°C	16S rRNA was amplified and sequenced	RA
Torres PJ et al. <sup>24</sup>	Saliva	Stored at -80°C	DNA isolation, RT-PCR, and 16SrRNA sequencing	RA
Kato I et al. <sup>25</sup>	Mouthwash	—	16S rRNA sequencing	RA
Lu H et al. <sup>26</sup>	Tongue coat	Tongue coat scrapped and kept in phosphate buffered saline followed by centrifugation and storage	16S rRNA sequencing	Absolute amount
Salazar CR et al. <sup>27</sup>	Saliva and plaque	Both saliva and plaque samples were vortex mixed thoroughly for 30 seconds, then immediately placed into a container containing ice then transferred to laboratory within 1 hour for further processing	RT-PCR for DNA levels of pathogens	RA
Peters BA et al. <sup>10</sup>	Oral wash	Mouthwash and expectorate collected stored at -80°C	16S rRNA gene sequencing	RA
Wei AL et al. <sup>28</sup>	Saliva	Fresh saliva placed on ice and stored in laboratory at -80°C	16S rRNA gene sequencing	RA

EDTA, ethylenediaminetetraacetic acid; RA, relative abundance; TE buffer, Tris-EDTA buffer



**Table 4:** Difference in abundance of oral bacteria among patients with digestive problems of the selected studies

Reference	Cancer type	Results			Main finding	Authors conclusion
		Microbiota	Higher in	p-value		
Wu J et al. <sup>18</sup>	GC	<i>Prevotella</i>	HC	<0.001	<i>Firmicutes</i> and <i>Streptococcus</i> increase and <i>Bacteroidetes</i> , <i>Neisseria</i> , <i>Porphyromonas</i> , and <i>Prevotella</i> decrease risk of GC	Tongue coating microbiome may help in early detection and prevention of GC
		<i>Porphyromonas</i>	HC	0.002		
		<i>Neisseria</i>	HC	<0.001		
		<i>Streptococcus</i>	GC	0.004		
Hu J et al. <sup>19</sup>	GC	<i>Porphyromonas</i>	HC	0.002	Similar RA of <i>Firmicutes</i> , <i>Bacteroides</i> , <i>Fusobacteria</i> , seven transmembrane (TM7) and significant difference in <i>Proteobacteria</i> and <i>Actinobacteria</i> seen between GC and control	Tongue coating may be potential source of GC diagnosis
		<i>Fusobacteria</i>	HC	0.004		
		<i>Neisseria</i>	HC	0.008		
		<i>Proteobacteria</i>	HC	<0.001		
		<i>Actinobacteria</i>	GC	<0.001		
Sun JH et al. <sup>20</sup>	GC (Plaque)	<i>Prevotella</i>	–	0.86	36 out of 37 patients with GC identified as high-risk population (sensitivity rate 97%) 1 among 13 control group showed high-risk population ( <i>Helicobacter pylori</i> infection was detected)	Oral microbiome scoring may be potential for screening in suspected GC patients
		<i>Rothia</i>	–	0.67		
		<i>Tannerella</i>	HC	0.042		
	GC (Saliva)	<i>Aggregatibacter</i>	GC	0.023		
		<i>Prevotella</i>	GC	0.042		
		<i>Rothia</i>	HC	0.0066		
Xu S et al. <sup>21</sup>	GC	<i>Aggregatibacter</i>	GC	0.0049	The alteration of tongue coating microbiota had a possible linkage with the inflammation and metabolome and GC	Difference in tongue coating microbiome may be found in between GC and HC, may possibly link to inflammation and metabolome that could help tongue coating as biomarker in GC
		<i>Prevotella</i>	HC	<0.001		
		<i>Porphyromonas</i>	HC	<0.001		
		<i>Firmicutes</i>	GC	<0.05		
		<i>Rothia</i>	HC	<0.001		
		<i>Treponema</i>	HC	<0.001		
Contaldo et al. <sup>22</sup>	CG, CRC	<i>Prevotella</i>	HC	<0.001	<i>F. nucleatum</i> was statistically lowest in CG and highest in control group followed by CRC group. Pg found lowest in CG group as compared to HC with a statistically significant difference	Total microflora sample may be used in future as noninvasive method of diagnosis of GI disease
		<i>Fusobacteria</i>	HC	<0.05		
Fan X et al. <sup>23</sup>	PC	<i>Porphyromonas</i>	PC	0.21	Pg and Aa were associated with higher risk of pancreatic cancer	Oral microbiota play a role in the etiology of pancreatic cancer
		<i>Aggregatibacter</i>	PC	0.13		
Farrell JJ et al. <sup>13</sup>	PC	<i>N. elongata</i>	HC	<0.05	<i>Neisseria elongata</i> and <i>S. mitis</i> showed significant variation between chronic pancreatitis and healthy control	Variation between salivary microbiota with pancreatic cancer, healthy control and chronic pancreatitis present that may be noninvasive biomarker
		<i>S. mitis</i>	HC	<0.05		
		<i>G. adiacens</i>	PC	<0.05		
Chen X et al. <sup>14</sup>	ESCC	<i>Lautropia</i>	HC	<0.01	ESCC subjects had an overall decreased microbial diversity compared to control and dysplasia subjects	Correlation presents in between altered salivary microbiota and ESCC risk
		<i>Bulledia</i>	HC	<0.01		
		<i>Catonella</i>	HC	<0.01		
		<i>Corynebacterium</i>	HC	<0.01		
		<i>Moryella</i>	HC	0.18		
		<i>Peptococcus</i>	HC	<0.01		
		<i>Cardiobacterium</i>	HC	<0.01		

(Contd...)

Table 4: (Contd...)

Reference	Cancer type	Microbiota	Results			Main finding	Authors conclusion
			Higher in	p-value			
Torres PJ et al. <sup>24</sup>	PC	<i>Leptotrichia</i>	PC	<0.01	Significant higher ratio of <i>Leptotrichia</i> to <i>Porphyromonas</i> in saliva of PC patients	Bacterial profile in saliva may be useful biomarker for PC	
		<i>Porphyromonas</i>	PC	<0.01			
		<i>Neisseria</i>	HC	0.07			
		<i>Aggregatibacter</i>	HC	0.09			
Kato I et al. <sup>25</sup>	CRC	<i>Fusobacteria</i>	No association with disease or health		No correlation between <i>Fusobacterium</i> and association of CRC	This study failed to support previous studies by denying the association of <i>Fusobacterium</i> and CRC	
		<i>Lactobacillus</i>	CRC	–			
		<i>Rothia</i>	CRC	–			
		<i>Neisseria</i>	HC	–			
		<i>Veillonella</i>	CRC	–			
Lu H et al. <sup>26</sup>	PC	<i>Firmicutes</i>	PC	<0.05	The microbiome diversity in tongue coat in pancreatic head cancer patient was significantly increased	Microbiota dysbiosis may be present in patient with PC	
		<i>Fusobacteria</i>	PC	<0.001			
		<i>Actinobacteria</i>	PC	<0.001			
		<i>Bacteroidetes</i>	HC	<0.001			
Salazar CR et al. <sup>27</sup>	GC (saliva)	Aa	–	0.96	Significant stronger relationship observed between bacterial burden score of periodontal disease-related microbe and gastric precancerous lesion	High level of colonization of periodontal pathogens are associated with an increased risk of gastric precancerous lesion	
		Pg	–	0.45			
		<i>T. denticola</i>	–	0.90			
	GC (plaque)	Aa	GC	0.96			
		Pg	GC	0.45			
Peters BA et al. <sup>10</sup>	EAC	<i>T. forsythia</i>	EAC	0.04	<i>Neisseria</i> , <i>S. pneumoniae</i> were associated with lower EAC risk. Pg increases risk of ESCC	Early detection and prevention of EAC and ESCC are possible from oral microbial flora screening	
		Pg	–	0.40			
		<i>T. denticola</i>	–	0.87			
	ESCC	Pg	ESCC	0.09			
Wei AL et al. <sup>28</sup>	PC	<i>Streptococcus</i>	PC	0.021	<i>Streptococcus</i> and <i>Leptotrichina</i> associated with higher risk of PC where <i>Veillonella</i> and <i>Neisseria</i> have protective role	Saliva microbiome can distinguish PC patient from healthy control	
		<i>Leptotrichina</i>	PC	0.016			
		<i>Veillonella</i>	HC	0.007			
		<i>Neisseria</i>	HC	0.041			

CG, chronic gastritis; CRC, colorectal cancer; EAC, esophageal adenocarcinoma; ESCC, esophageal squamous cell carcinoma; GC, gastric cancer; HC, healthy control; PC, pancreatic cancer

*Proteobacteria*, *Fusobacteria*, and *Actinobacteria*. Peters BA et al. observed an increased risk of EAC with an increase of *Tannerella forsythia* in oral microbiome where ESCC risk increased with Pg abundance.<sup>10</sup>

Fan X et al. claimed their study to be the first prospective evaluation of oral microbiome and PC and demonstrated a higher RA of Pg and Aa, and a decreased RA of *Fusobacteria* and its genus *Leptotrichia* are associated with risk of PC.<sup>23</sup> Decreased *N. elongata* and *S. mitis*, and increased *Granulicatella adiacens*, may elevate the incidence of PC.<sup>13</sup> This incidence supports the hypothesis that an elevation of *G. adiacens*, which often behaves like an opportunistic pathogen, may suppress the growth of *S. mitis*. Wei AL et al. claimed that *streptococcus* and *Leptotrichina* are associated with PC whereas *Veillonella* and *Neisseria* have a protective role in decreasing PC risk.<sup>28</sup>

Understanding the exact transmission pathway of the oral microbiome and how they commence DC may help in the early detection and control of cancer. Bacteria are the most common abundant and complex taxonomic group of oral microbes which

is the reason for frequent studies conducted on them. Also, Pg A. *actinomycetemcomitans*, *Prevotella intermedia*, and *F. nucleatum* produce volatile sulfur compound (VSC) including hydrogen sulfide, methyl mercaptan that is linked to the onset of cancer.<sup>43–45</sup> The other way of developing DC may be due to the inhibition of T-cell proliferation by *F. nucleatum* that protect tumor cells.<sup>37</sup> Alcohol- and smoking-related carcinogens may be activated by oral microbiota because of high salivary aldehyde among drinkers and smokers.<sup>46,47</sup> Furthermore, *S. mitis*, *Streptococcus oralis*, *Streptococcus salivarius* produce acetaldehyde, the carcinogenic material by metabolizing alcohol.<sup>48</sup> Some microbes such as *Peptostreptococcus* produce various acids that can consolidate suitable hypoxic and acidic cellular environment enhancing GI metastasis.<sup>49–51</sup>

Zhang et al. suggested several ways that oral microbiota may induce carcinogenesis.<sup>52</sup> The first is related to chronic inflammation that accelerates the invasion process and metastasis of cells. First, anaerobic species especially *Porphyromonas*, *Prevotella*, and *Fusobacterium* stimulate the production of inflammatory mediators, for example, cytokines, tumor necrosis

factor-alpha (TNF- $\alpha$ ) could develop fibroblast, epithelial and endothelial cells, and components of the extracellular matrix (ECM) and consequent increase of cell proliferation, growth, for example, and oncogenesis.<sup>53,54</sup> Second, Pg can activate host response through Toll-like receptor 2 (TLR2) and Toll-like receptor (TLR4) which can prevent apoptosis and increase the production of antiapoptotic factors followed by tumor growth. Third, bacterial generation such as *S. oralis*, *Lactobacillus*, and *Bifidobacterium* produce reactive oxygen species (ROS) and reactive nitrogen species (RNS), increasing epithelial mesenchymal transition (EMT) promoting mutagenesis.<sup>55</sup>

The most common fungi found in the oral cavity is *Candida*. *Candida albicans* (Ca) occasionally found in healthy individual's mouth can also be infectious after being dysregulated under various circumstances such as iatrogenic (trauma, prolonged steroid, antibiotics, significant dietary habit change) and physiological (e.g., pregnancy, elderly age, and puberty).<sup>22,56–59</sup> *Candida glabrata* can cause carcinogenesis by converting ethanol and glucose into aldehyde beyond normal level.<sup>60</sup> However, Contaldo M et al. reported no statistical difference in Ca levels between CG, CRC, and healthy individuals.<sup>22</sup>

Most of bacteria discussed in the reviewed studies were *Aggregatibacter*, *Porphyromonas*, *Treponema*, and *Tannerella*; establishing as a promising indicator for DC. However, not all studies found statistically significant results for association between those bacteria and DC. Overall, the reviewed studies suggest a multibacteria model in development and precipitating DC rather than a single oral bacterium that has limited ability to detect DC. There is a correlation between the right or left shift of oral microbiota and DC. These results suggested that the detection of samples derived from the oral cavity may be helpful in screening GIT cancer. This review article seems to be important not only for a better understanding of cancer growth regulation but also for clinical practice. However, the exact role of certain microbiomes in DC remains to be evaluated.

All the evidences suggested oral bacteria is linked to risk of DC regardless of type. However, the role of some other potential factors such as smoking, and alcohol abuse, drastically influence oral microbiota were adjusted in some studies.<sup>10,23</sup> Moreover other factors which may influence oral microbial patterns such as age, gender, diabetes, socioeconomic status were disregarded. Besides this factor, the role of oral hygiene, periodontal status, dietary pattern, and oral disease could influence the oral microbiome which should be taken into account in future studies.

The present systematic review has some limitations related to the interpretability and generalization of the results because of heterogeneity among studies. First, there is heterogeneity in sample selection and methodology (processing, storage temperature, storage medium, DNA extraction method, and statistical analysis). Second, different regions of study, lifestyles of people, culture, and taxonomical assignment may influence oral microbiota increasing probability of bias and heterogeneity.<sup>61–63</sup> Third, the protocol of assignment of participants to groups was not the same as most studies carried out definitive diagnosis only for case group, and the controls were included without endoscopies or histological study and there is no evidence of external validity proven till now. Lastly, the criteria of analysis and comparison of OR using the data available may be debatable because of different diagnostic criteria followed by authors.

## CONCLUSION

Despite the limited evidence available and different authors claiming different findings; this review article suggests oral microbial dysbiosis to be the noninvasive method for screening the probability of DC development. It is not possible to rule out the role of specific microbiota in DC to date.

There is large heterogeneity in sample collection and preservation; the method of performing tests limited the analyses of this review. Therefore, it is strongly recommended that homogeneity in aforesaid steps among studies would ascertain conclusion on a large basis with more comparable form. Future studies are needed for better knowledge of the dissemination pattern of oral microbiota from mouth to GIT and the possible role of specific oral microbiota on GI cancer.

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