



To Determine the Prevalence Rate of Malocclusion among 12 to 14-Year-Old Schoolchildren of Urban Indian Population (Bagalkot)

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ABSTRACT

Aim: To determine the prevalence rates of different occlusal characteristics of permanent dentition in 12 to 14 years old children in Bagalkot city and to determine the differences in occlusal characteristics in the same children by age and sex.

Materials and methods: A total of 1000 school going children between the age group of 12 to 14 years were selected in the study from Bagalkot city of India. All the occlusal parameters, such as molar relation, canine relation, overjet, overbite and crowding and spacing were recorded in a record sheet. The gender and sex difference was evaluated using Chi-square test.

Results: According to the classification of Angle, the prevalence of class I, II and III malocclusions was 17.8, 30.1 and 1.6%, respectively. Ideal occlusion was 3.2% where as normal occlusion was 46.8%. An overjet of at least 4 mm or more was present in 15.2 and 7.2% had a reverse overjet. A total of 9.2 had an increased overbite and 10.6% had open bite.

Conclusion: Highly significant ($p < 0.001$) age differences were found for overjet, overbite and highly significant ($p < 0.001$) gender differences were found for crowding and spacing.

Clinical significance: The study gives the prevalence of malocclusion amongst 12 to 14 years old in urban Indian population. The data can be used for many research projects and gives us a better understanding of malocclusion in urban Indian population.

Keywords: Malocclusion, Ethnic group, Occlusion epidemiology, Occlusal variation.

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INTRODUCTION

One of the difficult situations faced by orthodontist is, identifying the proper occlusion form in mixed dentition

phase. During transition from primary dentition to permanent dentition various occlusal characteristics play an important role in the establishment of the normal occlusal relationship. Effect of occlusal characteristics of primary dentition on the subsequent permanent dentition has been the subject of study and discussion for many years. Many studies undertaken across the world which shows difference in ethnic groups, gender difference and age difference.¹⁻¹³ The present study was undertaken with aim to determine the prevalence rates of different occlusal characteristics of permanent dentition in 12 to 14 years old children in Bagalkot city in India and to determine the differences in occlusal characteristics in the same children by age and sex.

MATERIALS AND METHODS

The present study design included total of 1000 children, between age of 12 and 14 years, who were residents of Bagalkot city and attended different schools. Children were examined at school and examination was performed by single examiner. For examination, children were seated in an ordinary chair and examined under natural daylight.¹⁴ A portable torch light was used whenever, required for proper illumination. A mouth mirror with good reflecting surface, a straight probe, and graded stainless steel wire were used for intraoral examination.¹⁵ The exclusion criteria for the present study were subjects with presence of gross facial asymmetry, developmental deformities and subjects who have undergone orthodontic treatment.

Following parameters were recorded for each child in a specially designed proforma chart:

Sagittal (anteroposterior) molar and canine relationship was registered from the first molars and graded into class I, II and III based on the Angle's classification.

Overjet (mm): (1) Reverse overjet (when all maxillary incisors were occluding lingually to the mandibular incisors), (2) overjet of 0 to 4 mm, (3) overjet of 5 to 8 mm, (4) overjet of more than 8 mm.

Overbite: (1) No overlap of incisors, (2) overlap of incisors for half or less of the crown height of the mandibular incisor, (3) overlap for more than half, but less than whole, crown height of the mandibular incisor, (4) total overlap of the incisors, or mandibular incisors in contact with palatal mucosa.

Crowding was estimated separately for the anterior and posterior segments of the maxillary and mandibular arches: (0) No crowding, (1) crowding of 1 to 5 mm, (2) crowding of 5 to 7 mm, (3) crowding of more than 7 mm, (-1) spacing of 1 to 5 mm, (-2) spacing of 5 to 7 mm, (-3) spacing of more than 7 mm.

Statistical Analysis

Age and gender difference were evaluated by the Chi-square test. Any value less than $p < 0.05$ were interpreted as statistically significant. To assess examiner reliability, 10% repeat examinations were undertaken throughout the period of data collection and the difference was statistically insignificant difference ($p > 0.05$).

RESULTS

The sample included 520 (52%) males and 480 (48%) females (Table 1). Out of 1000 children, 318 were 12 years of age (169 males and 149 females), 321 were 13 years of age (164 males and 157 females) and 361 were 14 years of age (187 males and 174 females). Prevalence of ideal occlusion was 3.2%, normal occlusion was 46.8%, class I malocclusion was 17.8%, class II malocclusion 30.1% and

class III malocclusion was 1.6%. Majority of the children had class I molar relationship followed by class II and III molar relationship. Most of the children had class I canine relationship followed by class II and III canine relationship. Majority of the children studied exhibited overjet and overbite between 0 and 4 mm. Two-thirds of the children showed crowding whereas; spacing was seen in one-thirds of the children. Age-wise significance was seen with (a) Increase in class I canine relationship, (b) decrease in overjet of 5 to 8 mm, (c) decrease in deep bite (mandibular incisors in contact with palatal mucosa) and (d) increase of crowding of 1 to 5 mm and decrease in spacing of 5 to 7 mm (Tables 1, 3, 5, 7 and 9). Females exhibited significantly higher prevalence rates of class III molar relationship, canine relationships, overjet, open bite and crowding. Males exhibited significantly higher prevalence rates of class I molar relationship, overbite and spacing (Tables 2, 4, 6, 8 and 10).

DISCUSSION

The primary objective of our study was to evaluate the prevalence rates of different occlusal characteristics of permanent dentition which included permanent molar and canine relationship, crowding and spacing, etc. for different age groups, in males and females, in 12 to 14 years old school children in Bagalkot city. This age group was preferred since most malocclusions are manifested at this time to its full extent.

The prevalence of occlusion in the present study showed that ideal occlusion is found in 3.2%, followed by normal occlusion with 46.8%, class II malocclusion with 30.1%, class I malocclusion with 17.8% and class III with 1.6%. This prevalence was similar to that reported by Shaikh HS⁹ in his study on 6 to 13 years children of Mumbai.

Table 1: Distribution of subjects according to molar relation and age

Molar relation	12 years	%	13 years	%	14 years	%	Total	%
Class I	208	65.41	231	71.96	239	66.20	678	67.80
Class II	97	30.50	87	27.10	117	32.41	301	30.10
Class III	9	2.83	2	0.62	5	1.39	16	1.60
X	4	1.26	1	0.31	0	0.00	5	0.50
Total	318	100.00	321	100.00	361	100.00	1000	100.00

Chi-square: 13.5520; df: 6; p: 0.0350 (S)

Table 2: Distribution of subjects according to molar relation and sex

Molar relation	Boys	%	Girls	%	Total	%
Class I	356	68.46	322	67.08	678	67.80
Class II	158	30.38	143	29.79	301	30.10
Class III	6	1.15	10	2.08	16	1.60
X	0	0.00	5	1.04	5	0.50
Total	520	100.00	480	100.00	1000	100.00

Chi-square: 6.8640; df: 3; p: 0.0764 (NS)

Table 3: Distribution of subjects according to canine relation and age

Canine relation	12 years	%	13 years	%	14 years	%	Total	%
Class I	192	60.38	244	76.01	315	87.26	751	75.10
Class II	32	10.06	33	10.28	37	10.25	102	10.20
Class III	8	2.52	1	0.31	4	1.11	13	1.30
X	86	27.04	43	13.40	5	1.39	134	13.40
Total	318	100.00	321	100.00	361	100.00	1000	100.00

Chi-square: 105.5270; df: 6, p: 0.00000 (HS)

Table 4: Distribution of subjects according to canine relation and sex

Canine relation	Boys	%	Girls	%	Total	%
Class I	378	72.69	373	77.71	751	75.10
Class II	45	8.65	57	11.88	102	10.20
Class III	5	0.96	8	1.67	13	1.30
X	92	17.69	42	8.75	134	13.40
Total	520	100.00	480	100.00	1000	100.00

Chi-square: 19.2250; df: 3; p: 0.0002 (HS)

Table 5: Distribution of subjects according to overjet and age

Canine relation	12 years	%	13 years	%	14 years	%	Total	%
1 (Reverse overjet)	14	4.40	43	13.40	15	4.16	72	7.20
2 (0-4 mm)	241	75.79	220	68.54	315	87.26	776	77.60
3 (5-8 mm)	59	18.55	58	18.07	31	8.59	148	14.80
4 (>8 mm)	4	1.26	0	0.00	0	0.00	4	0.40
Total	318	100.00	321	100.00	361	100.00	1000	100.00

Chi-square: 56.4290, df: 6, p: 0.00000 (HS)

Table 6: Distribution of subjects according to overjet and sex

Overjet	Boys	%	Girls	%	Total	%
1 (Reverse overjet)	34	6.54	38	7.92	72	7.20
2 (0-4 mm)	400	76.92	376	78.33	776	77.60
3 (5-8 mm)	84	16.15	64	13.33	148	14.80
4 (>8 mm)	2	0.38	2	0.42	4	0.40
Total	520	100.00	480	100.00	1000	100.00

Chi-square: 2.0710; df: 3; p: 0.5579 (NS)

Table 7: Distribution of subjects according to overbite and age

Canine relation	12 years	%	13 years	%	14 years	%	Total	%
1	24	7.55	56	17.45	26	7.20	106	10.60
2	246	77.36	240	74.77	316	87.53	802	80.20
3	48	15.09	25	7.79	19	5.26	92	9.20
Total	318	100.00	321	100.00	361	100.00	1000	100.00

Chi-square: 43.6280; df: 4; p: 0.00000 (HS)

Table 8: Distribution of subjects according to overbite and sex

Overbite	Boys	%	Girls	%	Total	%
1	45	8.65	61	12.71	106	10.60
2	425	81.73	377	78.54	802	80.20
3	50	9.62	42	8.75	92	9.20
Total	520	100.00	480	100.00	1000	100.00

Chi-square: 4.3910; df: 2; p: 0.11134 (NS)

Table 9: Distribution of subjects according to crowding and spacing and age

Crowding and spacing	12 years	%	13 years	%	14 years	%	Total	%
0	33	10.38	44	13.71	33	9.14	110	11.00
1	140	44.03	150	46.73	180	49.86	470	47.00
2	51	16.04	56	17.45	40	11.08	147	14.70
3	12	3.77	18	5.61	14	3.88	44	4.40
-1	66	20.75	38	11.84	85	23.55	189	18.90
-2	15	4.72	15	4.67	9	2.49	39	3.90
-3	1	0.31	0	0.00	0	0.00	1	0.10
Total	318	100.00	321	100.00	361	100.00	1000	100.00

Chi-square: 29.6230; df: 12; p: 0.0031 (S)

Table 10: Distribution of subjects according to crowding and spacing and sex

Crowding and spacing	Boys	%	Girls	%	Total	%
0	31	5.96	79	16.46	110	11.00
1	243	46.73	227	47.29	470	47.00
2	85	16.35	62	12.92	147	14.70
3	31	5.96	13	2.71	44	4.40
-1	109	20.96	80	16.67	189	18.90
-2	21	4.04	18	3.75	39	3.90
-3	0	0.00	1	0.21	1	0.10
Total	520	100.00	480	100.00	1000	100.00

Chi-square: 36.5910, df: 6; p: 0.00000 (HS)

Prasad et al¹⁶ found higher incidence of class I malocclusion (95%) in his study on 5 to 15 years children of Bengaluru, Karnataka. However, Nagaraja Rao¹¹ found lower prevalence of malocclusion (class I 23%, class II 4.5%, class III 1.3%) in his study on 5 to 15 years old children of Udupi, Karnataka. Slightly higher prevalence of class I malocclusion was found by Sidhu SS¹² in his study on 6 to 30 years old patients seeking orthodontic treatment in Delhi.

Our study shows the prevalence of class III malocclusion to be 1.6%, which is similar to that found by Nagaraja Rao et al,¹¹ whereas Kharbada et al¹⁵ found higher prevalence in his study on 5 to 13 years old children of Delhi. Lower prevalence of class III malocclusion was reported by Jacob et al^{13,14} in Trivandrum, Prasad et al¹⁶ in Bengaluru. Higher incidence (26.9%) of class III malocclusion was found in study by Tiwari A⁸ in 6 to 12 years children of Punjab. Our study showed that prevalence of class II malocclusion to be higher in boys when compared to girls which was similar to that reported by Barry wood¹⁷ in Eskimos and by Mike Isikwe¹⁸ in nigeria. The prevalence of class I malocclusion in our study was higher in boys compared to girls.

The classification of overjet in the present study was taken from the study conducted by Kerosuo H et al¹⁹ because of its simplicity, practicability and validity.

Our study showed that the majority of children in the sample had overjet in the range of 0 to 4 mm (77.6%), followed by 5 to 8 mm range (14.8%), overjet of more than 8 mm was seen in 0.4%. Reverse overjet of all anteriors

was seen in 7.2% of the children. AA Singh et al²⁰ found overjet of 6 to 9 mm in 3.5% in his study on rural school children of Haryana. SP Singh et al²¹ found overjet of more than 6 mm in 43% of 12 to 30 years old adolescents of Chandigarh. Jalili et al²² reported normal overjet (0-6 mm) in 99.5% of 6 to 14 years old children in Mandu, Haryana.

Overjet of 5 to 8 mm is considered abnormal and in our study it was higher in boys (16.1%) compared to girls (13.3%) which was similar to that found by Jalili et al²² AA Singh²⁰ found higher prevalence in girls compared to boys in his study on 12 to 16 years children of Haryana.

Majority of the children (80.2%) studied showed the overbite of half or less of the clinical crown, followed by 10.6% showed no overlap (open bite) and 9.2% showed total overlap (deep bite), mandibular incisors in contact with palatal mucosa.

It is difficult to compare our results of overbite with those of other studies as the criteria used for ideal or normal overbite and increased overbite varied.

We found the prevalence of open bite to be 10.6% which is lower compared to that found by SP Singh et al²¹ whereas, lower incidence (1.5%) was reported Bhatia and Patel²³ in 3 to 6 years old Gujarati children. The prevalence of deep bite in our study was 9.2% which was very low compared to 26.3% in study conducted by Bhatia and Patel²³ and 12.9% in study conducted by AA Singh et al.²⁰ Whereas, Jalili et al²² and Kharabanda et al¹⁵ found lesser prevalence of deep bite.

In our study open bite was found to be higher in girls (12.7%) compared to boys (8.6%) which is similar to that found by Mike Isiekwe¹⁸ whereas, it was opposite in the study carried by Bhatia and Patel.²³ Normal overbite was found to be higher in boys compared to girls, which was similar to that found by Mike Isiekwe¹⁸ whereas, it was higher in girls as reported by AA Singh et al.²⁰

The prevalence of crowding in the present study showed that crowding of 1 to 5 mm was found in 47%, 5 to 7 mm was found in 14.7% children and crowding of more than 7 mm was found in 4.4% of the sample. No crowding was found in 11% of the sample size. Whereas, SP Singh et al²¹ reported no crowding in 36% in 12 to 30 years old children of Chandigarh.

AA Singh et al²⁰ found crowding of 4 mm or more in 19.5% in his study on rural schoolchildren of Haryana. Whereas, OP Kharbanda et al¹⁵ found prevalence of crowding to be 27.5% in his study on 10 to 13 years old children of Delhi. SP Singh et al²¹ found crowding of 2 to 5 mm in 17.6% in Chandigarh. Crowding of 1 to 5 mm was found to be higher in girls when compared to the boys and this was similar to that reported by AA Singh et al.²⁰ In our study, the incidence of occlusion that showed no crowding was seen to be higher in females than in males.

The prevalence of spacing of 1 to 5 mm was 18%, spacing of 5 to 7 mm was 3.9% and spacing of more than 7 mm was 0.1%. However; AA Singh et al²⁰ reported spacing of 26.2% in their study on 12 to 16-year-old rural children in Haryana. SP Singh et al²¹ found spacing of 0 to 2 mm in 5%, spacing of 2 to 5 mm in 9% and above 7 mm in 8.7% in 12 to 30-year-old adolescents of Chandigarh, Punjab.

In our study spacing of 1 to 5 mm and spacing of 5 to 7 mm was found to be higher in girls compared to boys which was similar to that found by AA Singh et al²⁰ in their study on 12 to 16-year-old rural children in Haryana.

The demand for orthodontic treatment is increasing in most of the countries including India. Therefore, rational planning of orthodontic preventive measures on population basis is essential.²⁴ The benefits of taking orthodontic treatment are to prevention of tissue damage and correction of esthetic component, improve the physical function.²⁵ The epidemiological data on the prevalence of malocclusion is essential in assessing the resources required for orthodontic services and can also provide valuable information regarding the etiology of malocclusions and other complex traits.²⁶

CONCLUSION

1. Majority of the children had class I molar relationship followed by class II and III molar and canine relationship.

2. Majority of the children studied exhibited overjet and overbite between 0 and 4 mm.
3. Two thirds of the children showed crowding whereas; spacing was seen in one-thirds of the children.
4. Age-wise significance was seen with:
 - a. Increase in class I canine relationship.
 - b. Decrease in overjet of 5 to 8 mm.
 - c. Decrease in deep bite (mandibular incisors in contact with palatal mucosa).
 - d. Increase of crowding of 1 to 5 mm and decrease in spacing of 5 to 7 mm.
5. Females exhibited significantly higher prevalence rates of class III molar relationship, canine relationships, overjet, open bite and crowding.

CLINICAL SIGNIFICANCE

The study gives the prevalence of malocclusion amongst 12 to 14-year-old in urban Indian population. The data can be used for many research projects and gives us a better understanding of malocclusion in urban Indian population. The epidemiological data on the prevalence of malocclusion is essential in assessing the resources required for orthodontic services and can also provide valuable information regarding the etiology of malocclusions and other complex traits.

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